

- TQUK Level 1 Award in Preparation for Work in Adult Social Care (RQF)**
- TQUK Level 2 Certificate in Awareness of Mental Health Problems (RQF)**
- TQUK Level 2 Certificate in Falls Prevention Awareness (RQF)**
- TQUK Level 2 Certificate in Introducing Caring for Children and Young People (RQF)**
- TQUK Level 2 Certificate in Principles of Team Leading (RQF)**
- TQUK Level 2 Certificate in Self harm and Suicide Awareness and Prevention (RQF)**
- TQUK Level 2 Certificate in Understanding Autism**
- TQUK Level 2 Certificate in Understanding Children and Young Peoples' Mental Health (RQF)**
- TQUK Level 2 Certificate in Understanding Specific Learning Difficulties**

To allow you to have a greater understanding here is an overview of

L2 Certificate in Awareness of Mental Health Problems - Aim Ref: 60329580

The Level 2 Certificate in Awareness of Mental Health problems aims to develop student's knowledge and understanding of mental health, mental ill-health and related challenges. The content of the qualification explores general mental health, stress, anxiety, depression, post-natal depression, and phobias, amongst other conditions. Students will develop an awareness of the meaning of mental health terminology, potential causes, triggers and treatment including self-care and professional support whilst exploring how specific mental health conditions can impact and affect the lives of the individuals living with them.

This qualification is designed for anyone seeking to develop their understanding of mental health and the factors that can compromise mental ill health. The qualification does not have any specific entry requirements however a minimum of Level 1 in English and access to a computer are essential to access the course and undertake the related assessments. All students accessing this qualification must undertake an Initial Assessment. Students may find it beneficial to have previously achieved a Level 1 qualification in health, social care or mental-health related subjects. This qualification is suitable for learners aged 19 and above.

Units Studied:

- Understanding mental health
- Understanding stress
- Understanding anxiety
- Understanding phobias
- Understanding depression
- Understanding postnatal depression
- Understanding bipolar disorder
- Understanding schizophrenia
- Understanding dementia
- Understanding eating disorders
- Understanding Attention Deficit Hyperactivity Disorder (ADHD)
- Understanding Obsessive Compulsive Disorder (OCD)
- Understanding Post-Traumatic Stress Disorder (PTSD)

This qualification is designed to develop knowledge and skills in this subject area.

All assessment activities will be completed using our online learning platform. There is an expectation that student's study and complete aspects of their assessment portfolio in their own time with support provided by an allocated Tutor.

The Total Qualification Time for the Certificate in Awareness of Mental Health Problems is 160 hours. Students who achieve successful completion of this course can progress onto other qualifications including:

- Level 2 Award in Awareness of Dementia
- Level 2 Certificate in Understanding Autism
- Level 2 Certificate in Understanding Children and Young People's Mental Health
- Level 2 and 3 Certificate in Preparing to Work in Adult Social Care

Further qualifications are accessible depending on the area of interest and aspirations of individual Students.